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Greetings 4-H Families,

It seems that time moves faster when we are busy, and this season is no exception. We certainly hit the ground running in January and are excited for the many 4-H opportunities ahead. It is so amazing to have so many dedicated and hard-working members in our program. We know you will do great things this year! It is so great to see many of you participating in state events, doing community service projects, and forging ahead in your clubs. As the weather warms just a little and the sun sets just a little later each day, this is a good time to start to think about your goals and what you want to accomplish this year. Don't forget to order your projects before March 15th if you haven't already. Please also stop by the Extension office at your convenience to load your digital projects. And remember, KEEP CALM and 4-H ON!!

Sincerely,
Angela, Audrey, and Desaree

*Project Clip: **Welcome to New Mexico 4-H project.***

Project Overview

This project is focused on the history, philosophy, and objective of the 4-H program. Youth learn about the components of being a 4-H member.

Key Learning Topics

- 4-H emblem, motto, and pledge
- 4-H creed and slogan
- Club and County Council
- Introduction to Leadership
- Introduction to Citizenship
- Record keeping

What you can exhibit at the fair:

- 4-H Banner (no larger than 18x24 inches) including name, club, county and clover. See project book for embellishment details.
- Decorated 4-H T-shirt (must have a 4-H theme). See project guidelines for embellishment details.
- Frame decorated with 4-H clover and slogan or motto - no larger than 9x12 inches with a photo of 4-H members or a 4-H activity (no glass).
- Poster showing your participation in a 4-H event or activity.
- Self-determined advanced exhibit including Self-Determined Record Sheet.

Resources

Welcome to New Mexico 4-H Project book – digital (Guide 100.L-1)

Club News



Boots N' Bridles Update by Gwen Booton

At Boots N' Bridles last meeting (1/15/2024) we had our officer team election; Derek Rodriguez as President, Sam Prada as Vice President, Alex Booton as Secretary, Nick Booton as Treasurer, Gwen Booton as Reporter, Julia Rodriguez as Historian, Benjamin Booton as Parliamentarian, Dylan Rodriguez & Kaden Hansel as Song & Rec leader(s). We heard about some homeless teens in Los Alamos and collected toiletries to be distributed to them for our Community Service project. Our seniors went to SLR (Senior Leadership Retreat) (1/19/2024-1/21/2024) and Alex Booton was hypnotized! Wishing you the best!

County Council Report by Sylvia Stanek

At the county council meeting on January 22nd we discussed the basics and logistics of the upcoming officer training on February 3 from 5-7pm at the white rock activity center. We also decided who should do which activity there.

High Country Team Report by Sylvia Stanek

At the High Country team 4-H meeting we discussed T-Shirt designs, We also discussed the Rio Arriba County Fair theme which our very own Adaline Zeilie won. On January 25 we held a project meeting, the project chosen was creative touches. So, everyone decorated some piece of fabric like a bag or jean shorts. Thanks for reading, I look forward to sharing more with you next month.



4-H Day at the Roundhouse 2024 Learning Citizenship

We had a great group of youth from Los Alamos County at 4-H Day at the Roundhouse this year. Members heard from New Mexico Representatives, the New Mexico Secretary of Agriculture, and the New Mexico Land Commissioner. Members also toured the Roundhouse and got to see some action on the Senate floor where New Mexico 4-H was recognized for their attendance at the Capitol.



County News

4-H OFFICER/LEADERSHIP TRAINING

February 2, 2024
White Rock Activity Center
5:00 – 7:00 p.m.
Open to Club and Council Officers and any
Novice, Junior, or Senior members looking
for a fun leadership opportunity!

Attention Club leaders

There is a mandatory club leader meeting
February 17th 9:00 a.m. – noon Rio Arriba
County fairgrounds to go over the fair and
livestock rules.

Rio Arriba County Fair

July 30th – August 4th

Tagging Dates

Beef

March 2nd (Abiquiu) 8am- pm

Sheep/Goat/Swine

May 4th (Abiquiu) 8am-1pm
(tentative) LA location – TBD

Poultry/Rabbit

June 29th 8am-1pm (Abiquiu)
LA location – TBD

Barn set-up on July 28th

LOS ALAMOS COUNTY 4-H CLUBS

Boots & Bridles Club
Meets the 3rd Sunday of the month at 12:00 p.m.
at St. Joe's in White Rock
Contact Denise Hansel: denise0188@gmail.com

High Country Team 4-H
Meets the 2nd Thursday of the month at 6:00 p.m.
at the White Rock Activity Center
Contact Lena Zielie: 4lrbug@gmail.com

Team LA Young Guns (Shooting Sports)
Contact Mike O'Neill: shotgunoneill@gmail.com

Practice Schedule

ARCHERY: 2nd and 4th Tuesdays.

RIFLE: 1st and 3rd Tuesdays.

SHOTGUN: Sunday noon – 4:00 p.m.

**5th Tuesdays are reserved for maintenance.

Everyone is welcome!



County ENROLLMENT
deadline is March 1st

Project Orders

due **March 15th**.

Families submit order form to the office or your club leader.

Payment goes to your club.

Forms and price list can be found at:

<https://losalamosextension.nmsu.edu/4h.html>

***Great Job Nick Booton, Gwen Booton, and Julia Rodriguez in competing in
the 2024 online Horse Bowl!***



HEAD



HEART



HANDS



HEALTH

County News



Workshops



Record Book Winners!



**Congratulations Sam!!!
Top 10 Record Book Winner in the state.
National 4-H Congress bound!**



Workshops

Senior Leadership Retreat 2024

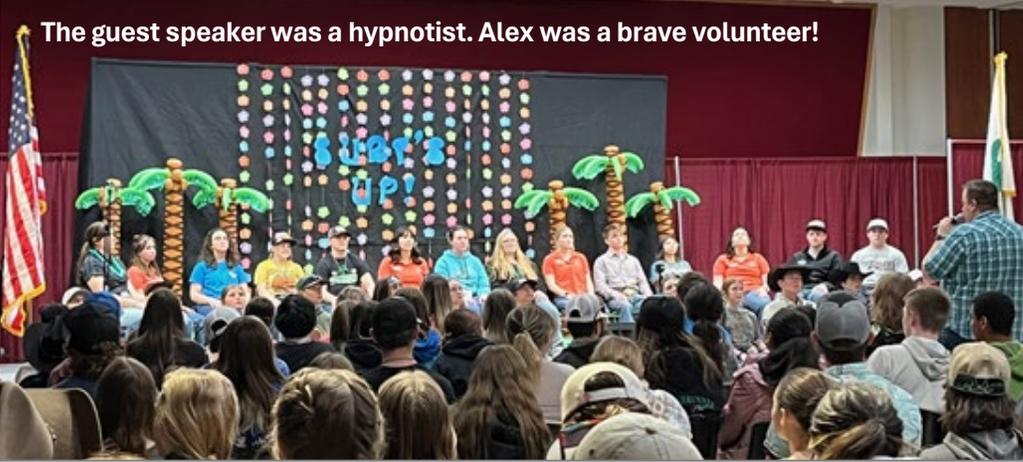


Los Alamos County delegates



Workshops

**TO MAKE
THE BEST
BETTER** 



The guest speaker was a hypnotist. Alex was a brave volunteer!

Upcoming Workshops



**Registration
deadline
February 14**

NM Flavor Workshop

February 19

United Church
12:30 – 3:30 pm
\$6/youth

Open to Novice, Junior, and Senior Members
Contact losalamos@nmsu.edu or
505-662-2656 to RSVP by February 14



If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Los Alamos Cooperative Extension in advance at (505) 662-2656 or losalamos@nmsu.edu.

NM STATE BE BOLD. Shape the Future. New Mexico State University

New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating.



**Registration
deadline
February 9**

4-H Leather 1 Workshop

February 24
9:00 a.m.

Local Shop in Nambe with
former 4-H Leader Anne Martinez
Cost is \$3/person

RSVP to losalamos@nmsu.edu or 505-662-2656
by February 9

Open to Novice, Junior, and Senior Members

4-H Advanced Leather Workshop

Coming Soon!
Will be in March or April

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Los Alamos Cooperative Extension in advance at (505) 662-2656 or losalamos@nmsu.edu.

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**Registration
deadline
February 15**



February Fryer Pen & Rabbit Meat Pen PROJECTS WORKSHOP

TOPICS INCLUDE:

Breed Selection – Housing – Feeding

**Tuesday, February 22nd
5:00pm – 6:30pm
White Rock Activity Center**

To register:
Please contact Los Alamos Cooperative
Extension Service by February 15th at
(505) 662-2656 or
losalamos@nmsu.edu

Free!
Open to Novice, Junior, and Senior 4-H
members.

Members do not need to be enrolled in the poultry
project to attend.



Presented by:
Del Jimenez
NMSU Ag Specialist

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact the Extension Office in advance at (505) 662-2656 or losalamos@nmsu.edu

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4-H County Contests

April 4th (4:00 – 7:00 p.m.) at United Church



Agronomy
Entomology
FCS Skill-a-thon
Horticulture
Livestock Skill-a-thon
Wildlife



April 6th (9:00 a.m. – 4:00 p.m.) at United Church

Consumer Decision Making
Favorite Foods
Public Speaking (Poetry, Presentation, and Speech)

OPEN TO ALL MEMBERS
Registration details coming soon!



If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Los Alamos Cooperative Extension in advance at (505) 662-2656 or losalamos@nmsu.edu.

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County Events



4-H Shooting Sports *Learn by Doing*

**Registration
deadline
March 8th**

Shooting Sports County Contest Rifle and Pistol

Open to Novice, Junior, and Senior members who have attended at least (2) practices with a certified 4-H coach.

Saturday, March 23, 2024

12:00 p.m. – Rifle (Novice & Junior)

1:30 p.m. – Senior Rifle (Senior)

4:00 p.m. – Pistol (Senior)

Los Alamos Sportsmen's Club

Cost: \$5.00/member per event.

Checks payable to your 4-H Council

Register with your county Extension office by **March 8th**

For more information contact:

Los Alamos Cooperative Extension Office at (505)662-2656

Rio Arriba Cooperative Extension Office at (505)685-4523.

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Angela Prada by March 27, 2023 at (505) 662-2656 or angprada@nmsu.edu.



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College of Agricultural, Consumer and Environmental Sciences

Duded Up Denim Workshop/4-H



February 9, 2024

4:00pm to 6:00pm

**Rio Arriba County Extension Office
Abiquiu, NM 87510**

Join us for a free 4-H Duded Up Denim workshop. The Duded Up Denim Project uses old jeans to create unique pieces. We will be making a pocket purse and pocket frame, both no-sew projects! All supplies will be provided, but feel free to bring your own worn out jeans for upcycling. This is the first Project Day of 2024!

April Project Day: Uniquely New Mexico, April 12th, 2024 4:00pm-6:00pm

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Joyin advance at (505) 685-4523 or iczmyrid@nmsu.edu



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Hunter Education Safety Training

February 22 – 24 (classroom at St. Joseph's church)

February 29 – March 2 (Los Alamos Sportsmen's Club)

Schedule:

Thursday (5:30 p.m. – 8:30 p.m.)

Friday (5:30 p.m. – 8:30 p.m.)

Saturday (8:00 a.m. – 5:00 p.m.) Bring your own lunch on Saturday.

Location TBD

Registration details coming soon.

All 4-H Shooting Sports youth are encouraged to attend one session each year.

Contact the office if you have any questions.



4-H Shooting Sports *Learn by Doing*

**Registration
deadline
March 1st**

Shooting Sports County Contest Archery and Shotgun

Open to Novice, Junior, and Senior 4-H members who have attended at least (2) practices with a certified 4-H coach.

Saturday, March 16, 2023

12:00 p.m. – Archery (Novice, Junior, & Senior)

Sunday, March 17, 2023

12:00 p.m. – Shotgun (Novice, Junior, & Senior)

Los Alamos Sportsmen's Club

\$5.00/member (Archery) and \$20.00/member (Shotgun)

Checks payable to your 4-H County Council

Register with your county office by **March 1st**

For more information contact:

Los Alamos Cooperative Extension Office at (505)662-2656

Rio Arriba Cooperative Extension Office at (505)685-4523.

If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Angela Prada by April 1, 2023 at (505) 662-2656 or angprada@nmsu.edu.



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State News

Take 10 with 4-H

February 7 @ 12:15 p.m. (Livestock School)

February 1 @ 12:30 p.m. (Horse School)

March 7 @ 12:30 p.m. (Judging Quick Facts)

April 5 @ 12:30 p.m. (Dog School)

May 2

Ranch Camp
Food Challenge
Parliamentary Procedure

October

New Family Information
Adult Forum

November

Range School

December

Project Clips

To view the recordings visit:

<https://nm4h.nmsu.edu/4h/take10.html>



Save the date

SMALL ANIMAL SCHOOL

May 18, 2024

Bernalillo County Extension Office
Albuquerque, NM

Join us for a small animal school in Albuquerque!
This school will include rabbits, cavy, and poultry

You do not have to bring your own animal in order to participate in this school!!

Stay tuned for more information



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PARLIAMENTARY PROCEDURE TEAM



- Come learn about Parli Pro methods and techniques
- Open to Junior and Senior age members interested in competing on a county team.
- Learn to run meetings in an effective and efficient manner.
- Work with and compete on a team
- Represent Los Alamos county 4-H at a state contest!
- Opportunity to compete at the national level!



Parli Pro Practice schedule:

Every 3rd Monday of the month
Beginning February 19th

6:30 p.m.
White Rock or Los Alamos library
(TBD)



If you are an individual with a disability who is in need of an auxiliary aid or service to participate, please contact Angela Prada in advance at (505) 662-2656 or losalamos@nmsu.edu.



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2024 4-H Shooting Sports Leader Training

February 16 – 18, 2024

Albuquerque Shooting Range Park

<https://www.cabq.gov/parksandrecreation/open-space/facilities/shooting-range-park/shooting-range-park>

For more information about 4-H Shooting Sports visit:

<https://nm4h.nmsu.edu/events/shooting.html>

State News



New Mexico 4-H FCS School of Real Life Skillz

March 9-10, 2024

*Community Service Project - Optional
March 8th @ 5:00PM (Dinner Provided)
Bernalillo CES Office - ABQ, NM
\$60 per Youth



Contact your County Extension Office for more information or to register.

**The New Mexico 4-H FCS School is designed for 4-H members ages 9-12. 4-H'ers choose one track per year. Track size is limited and is first come first served. New this year, youth are invited to participate in Dress a Girl around the World Program on March 8th, 2024 at 5-8PM. This program spreads awareness and works to fight human trafficking of young girls around the world. Dinner will be provided.

2024 Track Options

See descriptions on the back of this flyer.

- Baking
- Quilting
- STEAM
- Babysitting 101
- Photography
- Outdoor Cooking (Juniors ONLY)
- Quilting/Ceramics/Painting on Canvas
- Jewelry Making/Scrapbooking/NM Round Up



Opportunities for Senior Members: Junior Instructors

Senior 4-H members may apply to serve as junior instructors. Junior Instructors learn leadership skills by assisting with tracks and activities throughout the event. Applications due Feb. 16th Return to State 4-H Dept.



If you are an individual with a disability and need an auxiliary aid, service or other accommodations, please notify your County Extension Office at the time of registration.



Participants will be responsible for their own lodging. Hotel information will be available on the State 4-H Website. Lunch and dinner will be provided on Saturday the 10th.

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New Mexico 4-H FCS School of Real Life Skillz 2024 Track Descriptions

Baking

In this track, members will utilize the cake projects and learn to prepare butter cakes; prepare frosting; how altitude affects cakes, quality characteristics that judges look for. Including tips for county and state fairs as well as utilizing the cake decorating 1-3 project and learning basics of cake decorating.



Quilting

Build on your skills and knowledge of sewing machines and tools learned in the Sewing I and II curriculum and take on the Quilting 1 Quick and Easy Throw. Come learn tips and tricks and make your own Quick and Easy Quilt. Workshop is designed for those already with the basic knowledge of sewing learned in 4-H Sewing I and II.



STEAM

Get ready to learn about Science, Technology, Engineering, Arts, and Math! In this track you will get to explore different fun activities with our State Steam Innovators. Get ready for these hands-on experiences that will leave you ready to learn more!

Baby Sitting 101

This crash course will consist of safety, first aid, child development, food and nutrition, entertainment, and the business aspect of babysitting.

Photography

Learn how to take great photos indoors and out of your fellow 4-Hers in their workshops. We'll explore a variety of camera techniques & the differences between candid shots and portraits. You'll get to see your work on the big screen, assembled into a fun presentation at our closing on Sunday. Join us and learn to mount your own photos & leave with a professionally mounted photo that is ready to show at your fair!



Outdoor Cooking (Juniors only)

This track is open to junior members only. Learn how to prepare food, kitchen safety, and a variety of Outdoor cooking methods and prepare meals for the event!

Quilting/Ceramics/Painting on Canvas

Quilting involves using strips of paper that are rolled, looped, curled, twisted and otherwise manipulated to create different shapes and glued together to create decorative designs. Quilting designs can be used to decorate greeting cards, pictures, boxes, eggs, and to make models, jewelry, mobiles, etc.

Learn the basic tools, equipment, and supplies used to make ceramics as you make your own unique in this hands-on workshop. The Workshop will go over wheel thrown pottery techniques and acrylic painting on canvas.



Jewelry Making/Scrapbooking/NM Round Up

Participants will learn about tools and supplies, how make jewelry and make a scrapbook page. 4-H members will also gain awareness and appreciation for New Mexico's rich culture. Participants will help preserve the heritage that makes New Mexico unique by creating a corn husk doll, Indian corn necklace, and other crafts as well as learn some of the history & traditions of NM. Participants will leave with completed pieces including information for presentations or public speaking county contests.

Registration deadline February 9th



WT Paul Engler College of
Agriculture and Natural Sciences
WEST TEXAS A&M UNIVERSITY.

Tex-Mex Horse Judging Clinic

February 17, 2024
8:30 AM - 4:30 PM MST

Come learn from World Champions and get ready for the 2024 horse judging season.

The WTAMU Horse Judging Team members will be leading small groups of youth to help them develop and improve their skills in preparing and presenting oral reasons. Please don't miss this opportunity to get a head start on perfecting these skills.

**Roosevelt County Fairgrounds
Portales, New Mexico**

The clinic is for youth and coaches of all skill levels. Youth will judge video classes and work on reasons in small groups. Youth should bring their own judging notebooks and pencils. Snacks, lunch, and printed materials will be provided for each youth. Registration fee: \$50/youth and \$15/adult to cover lunch costs. Please register online: <https://easnr.nmsu.edu/>

Registration opens 12/15/23 and closes at 5pm on 2/6/24.

Hosted by Roosevelt County Cooperative Extension Service.

For more information, contact:

Dr. Christy Petry, WTAMU Horse Judging Team Coach at cpetry@wtamu.edu

Dr. Jason Turner, NMSU Extension Horse Specialist at jturner@nmsu.edu



Registration deadline February 6th



Registration
deadline
February 9th

2024 Shooting Sports Youth Leadership Summit

Become a 4-H Shooting Sports Ambassador in your county!

When: March 22-24, 2024

Where: NRA Whittington Center, Raton, NM

Registration deadline: February 9, 2024

Cost: \$250.00

- Open to Senior Age 4-H Youth enrolled in a 4-H Shooting Sports Project.
- Limited to thirty (30) youth.
- Hands-on learning safety and techniques for teaching others in a leadership role.
- Learn about each of the shooting sports disciplines.
- Register through the county office.

DATES TO REMEMBER	
February 2, 2024	COUNTY EVENT: Youth Leadership Training (WR)
February 6, 2024	Registration deadline for Horse Judging Clinic
February 9, 2024	Registration deadline for Shooting Sports Leader Summit
February 9, 2024	Registration deadline for FCS School
February 9, 2024	Registration deadline for Leather I project workshop
February 14, 2024	Registration deadline for NM Flavor project workshop
February 15, 2024	Registration deadline for Poultry Fryer Pen & Rabbit Meat Pen workshop
February 17-18, 2024	Shooting Sports Leader Training (Albuquerque)
February 17	Mandatory Club Leaders meeting (Rio Arriba County fairgrounds)
February 17	Horse Judging Clinic (Portales)
February 19	NM Flavor project workshop (United Church)
February 22	Poultry & Rabbit project workshop (WR Activity Center)
February 24	Leather I project workshop (Nambe leather shop)
March 1	Deadline: County Enrollment closes
March 9-10	STATE EVENT: FCS School of Real Life Skilz (Albuquerque)
March 1	Registration deadline for Archery/Shotgun County Contest
March 8	Registration deadline for Rifle/Pistol County Contest
March 15	Deadline for project orders (LAST ORDER)
March 15	Registration Deadline for YGA (tentative)
March 16 & 17	COUNTY EVENT: Shooting Sports Archery/Shotgun contest
March 22-24	STATE EVENT: State 4-H Shooting Sports Leader Summit (Raton)
March 23	COUNTY EVENT: Shooting Sports County Contest – Rifle/Pistol (LA)
March 25-29	LAPS Spring Break
March 29	EXTENSION OFFICE CLOSED – Happy Easter!
April 1 (tentative)	Registration deadline for State Shooting Sports contest
April 4 th and 6 th	COUNTY EVENT: County Contests
April 19-21	STATE EVENT: Youth Getaway (YGA)
May 3-5	STATE EVENT: State 4-H Shooting Sports Competition (Raton)
May 4	Sheep/Goat/Swine tagging for RACF (Abiquiu)
May 18	STATE EVENT: Small animal livestock school (Albuquerque)
May 2024 (TBD)	Sheep/Goat/Swine tagging for RACF in Los Alamos (tentative)
May 27	EXTENSION OFFICE CLOSED – Happy Memorial Day!
June 2024 (TBD)	COUNTY EVENT: Cloverbud Camp
June 2024 (TBD)	DISTRICT EVENT: District Contests (Clayton, NM – tentative)
June 2024 (TBD)	Northern Livestock School (location TBD)
June 11	STATE EVENT: District Shooting Sports Competition (Raton)
June 12-14	Southern Livestock School (Deming)
June 2024 (TBD)	Poultry/Rabbit tagging for RACF (LA)
July 4	EXTENSION OFFICE CLOSED – Happy Independence Day!
July 8-12	STATE EVENT: State 4-H Conference (Las Cruces)
July 30 – August 4	Rio Arriba County Fair
August 2-4	Los Alamos County Fair

CONTACT US

(505)662-2656

E-mail: losalamos@nmsu.edu

Website: www.losalamosextension.nmsu.edu

